



Dear Therapists .

Biotech in association with Thera-Band® Academy (USA) is proud to announce a one day hands on Thera-Band® workshop on **“Bands, Balls & Balance - Evidence-based Progression of Elastic & Proprioceptive Exercises”**

The BBB course is a scientific approach to the basics & application for using the Bands, Balls & balance trainer. Steeped in didactic lectures followed by a totally practical workshop. **A Kit including a Thera-Band® resistance band (worth approx . Rs. 400/-) and a Certificate from “Thera-Band® Academy ” also be provided.**

This work shop is conducted on the same lines as that conducted in USA.

This workShop will be conducted by Dr. Phil Page, PT , who is a master trainer & Director of Education and Research at Thera-Band® Academy , USA

Objective of this workshop is to :

1. Understand the scientific basis for elastic resistance exercise prescription and progression
2. Demonstrate the appropriate use of elastic resistance devices , stability Trainers , Balls etc
3. Understand the scientific basis for proprioceptive training and progression
4. Demonstrate appropriate use of proprioceptive training devices

Date of workshop :

Pune : Saturday - 4th September 2010 , at Deenanath Mangeshkar Hospital.

Mumbai : Sunday 5th September 2010 at Holy Family Hospital , Bandra (West)

Fees : Rs. 2500/-

Please note this workshop is an hands-on workshop and there are limited seats , so register early to avoid disappointment .

Looking forward to your participation .

Deepak Shah

CEO / Bio-Tech

Marketing Office :

15, Kanal Industrial Estate, Daulat Nagar, Road No. 6,
Borivali (East), Mumbai-66. India. Telefax : 022 - 28919609, 28945646
Email : sales@biotechindia.net Visit us at : www.biotechindia.net





REGISTRATION FORM

Thera-Band® workshop on “Bands, Balls & Balance - Evidence-based Progression of Elastic & Proprioceptive Exercises”

PLEASE FILL UP THE FORM BELOW IN CAPITAL LETTERS AND SUBMIT IT ALONG WITH YOUR PAYMENT. This information will be used for preparing the Certificate . No changes in the certificate will be done .

Pune 4th Sep

Mumbai 5th Sep

Name: _____

Profession: _____ **Mobile Phone:** _____

Place of Employment: _____

Preferred Address: _____

Email: _____

Methods of Payment: Cash / Cheque / DD **Amount Rs.: 2500/-**

Make cheque or D.D payable at Mumbai to: **Bio-Tech (India) and send it to :**

**M/s Biotech , 15, Kanal Industrial Estate, Daulat Nagar Road No6, Borivali (East) ,
Mumbai 400 066**

Cheque No. or D.D No. : _____ Bank Name and Branch. : _____

Please write your name on back side of the Cheque

Please make sure to wear loose fitting, comfortable clothes to allow you to participate in workshop.

Signature of Participant

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